



**EAGLE HILL**  
unconventional consulting

# BUILDING EFFECTIVE BUSINESS TEAMS: WORTH THE EFFORT?

How do people work? More and more – it’s on teams. Employees say they spend 50 percent more of their time on collaborative work than they did 20 years ago. And, the American Psychological Association **reports** that the “lone wolf” is an endangered species and teamwork is the favored way to get things done.

Given this new environment, how do workers feel about teamwork? Is it worth the effort?

New research from Eagle Hill Consulting indicates that team work is time consuming and it’s frustrating. But, **it’s worth the effort**. Why? Because it yields substantially better results. And it’s fun.



**OVER HALF OF AMERICAN WORKERS SAY THAT PROJECTS TAKE LONGER AND ARE MORE FRUSTRATING WHEN WORKING ON TEAMS.**

### Team projects are...

Longer

**55%**



Quicker

**45%**

More Frustrating

**57%**



Less Frustrating

**43%**

...than individual work

**WORKERS ARE SPLIT ON WHETHER PROJECTS ARE HARDER OR EASIER ON TEAMS.**

### Team projects are...

Easier

**51%**



Harder

**49%**

...than individual work

**YET, MOST WORKERS SAY THAT TEAM PROJECTS HAVE BETTER OUTCOMES AND ARE MORE FUN.**

### Team projects...

Have Better Outcomes

**68%**



Have Worse Outcomes

**32%**

Are More Fun

**61%**



Are Less Fun

**39%**

...than individual work

## THE KEY TAKEAWAY:

**Businesses with strong teams and a culture that values collaboration are best positioned to outperform the competition.**



[linkedin.com/company/eagle-hill-consulting](https://www.linkedin.com/company/eagle-hill-consulting)

[@WeAreEagleHill](https://twitter.com/WeAreEagleHill)

[www.eaglehillconsulting.com](http://www.eaglehillconsulting.com)

### METHODOLOGY

The Eagle Hill Consulting Workplace Teams Survey 2019 was conducted online by Ipsos in April, 2019. The online survey included 1,037 respondents from a random sample of American adults who are employed either full-time or part-time across the United States. The survey polled respondents on aspects of teamwork and change in their respective workplaces. Respondents answered the question “In thinking about team projects, which of the following best describe your experience of team projects vs. individual work?”