



EAGLE HILL
unconventional consulting

What makes
workplace teams
go all the way?



PLAY ON THE FIELD YIELDS SUCCESS IN THE WORKPLACE

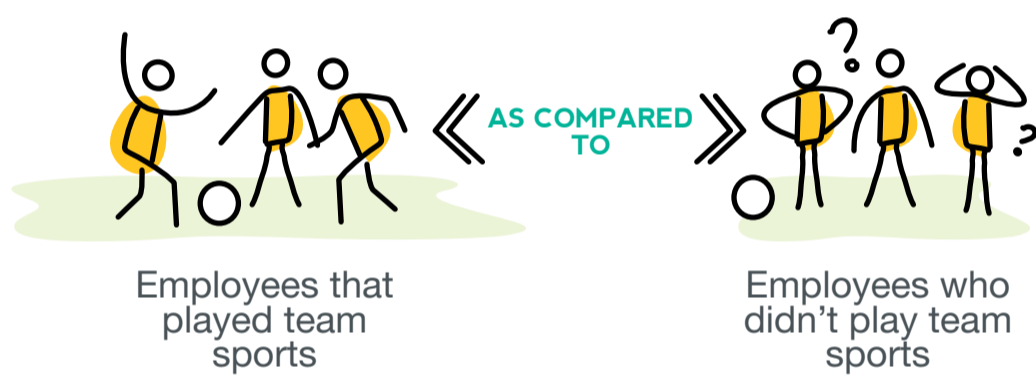
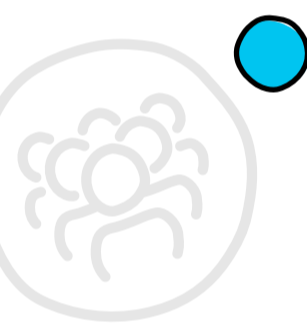
More and more, businesses are moving toward team-based initiatives. Harvard Business Review reports that employees spend 50 percent more of their time on collaborative work than they did 20 years ago.

And, research from Eagle Hill Consulting finds that nearly half of the workforce says their work is becoming more team-oriented, while half of the workforce predicts that team-oriented projects will become increasingly prevalent in the workplace.

Given this increasing focus on team projects, businesses with strong teams and a culture that values collaboration are best positioned to achieve their goals. New research from Eagle Hill indicates that business leaders can learn lessons from team sports. More specifically, the research finds that participation in team sports has a positive impact on employees' business team performance & attitudes in the workplace.

TEAM STANDINGS

Workers who played team sports are significantly more likely to say their work team is committed to success, exceeds goals, and is adaptable to change.



MY TEAM IS HIGHLY COMMITTED TO TEAM SUCCESS

73%



49%

MY TEAM CONSTANTLY LEARNS AND GETS BETTER

73%



50%

MY TEAM CAPITALIZES ON INDIVIDUAL STRENGTHS

69%



48%

MY TEAM CONSISTENTLY EXCEEDS OUR GOALS

66%



45%

MY TEAM ENTHUSIASTICALLY RESPONDS TO CHANGE

56%



35%

Percentages reflect respondents that agreed with the above statements

INDIVIDUAL BESTS

Workers who played team sports are significantly more likely to tap into their individual strengths on the job and trust their co-workers.



I USE MY STRENGTHS AT WORK EVERYDAY

83%



63%

I TRUST MY TEAMMATES

76%



54%

Percentages reflect respondents that agreed with the above statements

METHODOLOGY

The Eagle Hill Consulting Workplace Teams Survey 2019 and Team-Oriented Workplace Survey were conducted online by Ipsos in April and May, 2019. Each of the surveys included over 1,000 respondents from a random sample of American adults who are employed either full-time or part-time across the United States. The surveys polled respondents on aspects of teamwork and change in their respective workplaces.

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